Section 1 – Athlete Development Specialist Dream Job Budget Plan

Dream Job: Athlete Development Specialist

What I Do:

In my role as an Athlete Development Specialist, I act as a link between the athlete's potential and performance. I don't just train bodies — I don't only work on the physical development of the athlete but also on his or her mental preparation and social growth. This is where I come in – I help to develop a plan that will prepare athletes not only to compete at the highest level but also to be successful in life. My job involves combining sport science, character education, and performance coaching to support athletes in the physical, mental, and emotional aspects.

Ownership Status:

I have my own company which offers athlete development services. This gives me the freedom to establish a culture that is built on values of integrity, growth and development in the long term, rather than just winning in the short term.

Who I Serve:

I work with high school and college athletes across multiple sports — football, basketball, track, and more. Many come from underserved communities. I offer them the opportunity, the support and the resources they have not been able to get in other places. These aren't just clients — these are kids who are pursuing their dreams and putting their trust in me to get them there.

Budget Breakdown ($10,000 Grant)

1. VertiMax V8 Platform

Name: VertiMax V8 Platform

Price: $3,495.00

Quantity: 1

Delivery/Tax: Included

Company: Perform Better, 134 Flanders Rd, West Warwick, RI 02893, USA — 1-800-556-7464

Remaining: $10,000.00 – $3,495.00 = $6,505.00

2. Speed and Agility Ladder Bundle

Name: Power Systems Agility and Speed Training Bundle

Price: $289.99

Quantity: 1

Delivery/Tax: $29.95 shipping

Company: Power Systems, 5700 Casey Dr., Knoxville, TN 37909 — 1-800-321-6975

Total: $319.94

Remaining: $6,505.00 – $319.94 = $6,185.06

3. TRX PRO4 Suspension Training System

Name: TRX Pro4 System

Price: $229.95

Quantity: 2

Delivery/Tax: $20.00 total shipping

Company: TRX Training, 1660 Tiburon Blvd, Tiburon, CA 94920 — 1-888-878-5348

Total: $479.90

Remaining: $6,185.06 - $479.90 = $5,705.16

4. 10x Resistance Band Sets (Full Gym Packs)

Name: Bodylastics Resistance Band Set (Heavy)

Price: $99.95

Quantity: 10

Delivery/Tax: $49.50 total shipping

Company: Bodylastics International Inc., 1856 N Nob Hill Rd #196, Plantation, FL 33322 — 1-888-321-2288

Total: $1,049.00

Remaining: $5,705.16 – $1,049.00 = $4,656.16

5. Jump Soles Pro Training Kit

Name: Jump Soles Pro Strength Training Kit

Price: $139.95

Quantity: 2

Delivery/Tax: $34.95 total shipping

Company: JumpUSA, 1050 S Amphlett Blvd #240, San Mateo, CA 94402 — 1-800-656-4872

Total: $314.85

Remaining: $4,656.16 - $314.85 = $4,341.31

6. Sports Performance Testing System (Just Jump System)

Name: Just Jump System

Price: $1,395.00

Quantity: 1

Delivery/Tax: $75.00 shipping

Company: Perform Better, 134 Flanders Rd, West Warwick, RI 02893 — 1-800-556-7464

Total: $1,470.00

Remaining: $4,341.31 - $1,470.00 = $2,871.31

7. Gatorade Team Hydration System

Name: Gatorade GX Hydration Kit (team size)

Price: $350.00

Quantity: 1

Delivery/Tax: Free shipping

Company: Gatorade Team Services, 555 W Monroe St, Chicago, IL 60661 — 1-800-884-2867

Remaining: $2,871.31 - $350.00 = $2,521.31

8. Portable Recovery Tub

Name: Ice Barrel Recovery Tub

Price: $1,299.99

Quantity: 1

Delivery/Tax: $80.00 shipping

Company: IceBarrel LLC, 6200 S Syracuse Way #125, Greenwood Village, CO 80111 — 1-888-601-0103

Total: $1,379.99

Remaining: $2,521.31 – $1,379.99 = $1,141.32

9. Motivational Wall Art + Custom Vinyl Quotes

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Name: Custom Vinyl Wall Quotes (bulk motivational set)

Price: $35.00

Quantity: 10

Delivery/Tax: $30.00 shipping

Company: VinylConcepts on Etsy — Contact via Etsy shop

Total: $380.00

Remaining: $1,141.32 - $380.00 = $761.32

10. Athlete Mental Skills Journals (50 Pack)

Name: Athlete Mental Game Journals

Price: $14.95

Quantity: 50

Delivery/Tax: $11.00 shipping

Company: The Mental Game Academy, PO Box 5466, Mission Viejo, CA 92690 — 1-888-742-7225

Total: $758.50

Remaining: $761.32 - $758.50 = $2.82

Total Spent: $9,997.18

Remaining Balance: $2.82